

Best Practices 19-20

1. PALLIATIVE CARE FOLLOW UP

Objectives

- 1 To continue the project helpful to the patients and deserved
- 2 To ensure the continuity of the care and share programme
- 3 To keep the assurance given to the terminally ill patients
- 4 To add more beneficiaries under this fold of humanitarian gesture.
- 5 To sustain the spirit and enthusiasm among the student volunteers
- 6 To ensure credibility and sustainability of the project among the beneficiaries

Context

Palliative and care and share programme is an ongoing project which needs support from all ends. Though it started a year back, identified patients need continuous supporting mechanism to relieve their suffering. Students realized the predominance of this programme and it gained momentum in all sections of the society. This type assistance goes beyond cultural and religious barriers and those who involve in this project develop sense of broader vision of extending genuine support to the needy. In contrast to the previous year, monitoring and execution committee decided to find some more terminally ill patients and they too enlisted in the beneficiary group. Besides, the volunteers took a survey of the patients to make out their financial status and categorized them in to three. The monitoring and execution committee supposed to ensure food for them as they find it difficult for three square meals a day in addition to medical assistance.

The Practice

As this is a continuous process the committee assigned exclusively for this mission devised strategic plan at all levels of execution. For this the committee ensured the support of college management, alumni and regular but small contribution from students. Students themselves initiated to collect within themselves and spread the adage 'skip a meal and feed your friend'.

In addition, student monitoring committee decided to put up collection boxes at prime locations in the college. These efforts together alleviated the strain of mobilizing the resources for this venture. Indeed, service of our ambulance in the name Cadet Anas was a boon for the effective execution of the whole system. At times we had to render the service of qualified and experienced staff nurses considering the typical cases which needs expertise in handling medical emergencies. A doctor consultant was designated to meet the emergency situation and to get proper advice, clarification and direction. The local self-government extended all support in the preliminary survey and further execution. They appreciated the college for this distinctive nature of work quite beneficial to the suffering humanity.

Evidence of Success

The way our palliative team received at their residences itself is an ample testimony of this dignified endeavor. Similarly, the spirit and fervor showed by student volunteers during their visit to houses of patients was a clear indication of their excitement towards this act of kindness. The oral feedback from patients and their relatives, positive gesture of neighbors and nearby are the motivational factors to carry on the project in subsequent years.

II. WOMEN EMPOWERMENT

WOMEN EMPOWERMENT PROJECTS

Objectives

1. To enhance the innate talents and identifying them
2. To do SWOT analysis as an individual and to formulate strategies to excel in life
3. To act as a platform to identify the skills in them and to device appropriate strategy
4. To conduct seminar, workshop to impart knowledge of opportunities and train the women to excel in the field they choose.
5. To train and impart life skills for better livelihood

6. To inculcate entrepreneurial attitude among young girls, at the earliest so that they can be “job givers” rather than “job takers”

The context

No nation can progress unless its women have equal access to opportunities with adequate safety and security. In India, women face an array of structural and social barriers that hinders their progress and eventually limit India’s ability to modernize. Women’s equal participation in the industry and employment would release trillions of dollars for global development.

As major chunk of the student strength consists of girls in all the departments, entire the curricular and co-curricular activities are predominantly dominated by girl students. Creating a conducive ambience for their development is indeed the major agenda of the college as they are the vital force of change in the campus. A well-functioning Women Empowerment Cell under the guidance of dedicated teachers do devise programmes exclusively for women at periodic intervals. The college follows the vision of Empowering women for an empowered state. Hence, keeping in mind the goal of women empowerment, the college heads in this direction and prepares the students to face the world outside and to prepare them for future competitions. Accordingly, College level women’s’ forum formulates different programmes to equip girls in the academic year. It creates awareness of the Women’s Right and to empower Women. It develops, encourage and disseminate knowledge about women’s roles in society and economic trends which affect women’s lives and status.

Practice

An exclusive working group has been constituted under the leadership of teachers and students to ensure worthy programmes are being conducted. Most of them are intended to augment the innate capabilities within them. Gender sensitization, personal hygiene and sanitation, entrepreneurial skills and practice, debate on current social issues and self-defense training were the few major programmes held as interactive sessions and certain programmes in competitive mode attracted and appreciated by students and teachers. Miss Mini Mol VK, Assistant Professor Computer Science and Sreeja K V acted as facilitators and motivated them to envisage more effective projects which ensure vitality and diversification. For all the projects, students enthusiastically participated ensuring their involvement at all levels.

Evidence of Success

The reaction and response immediately after each program indicate the sense of satisfaction infused and manifested in them itself is an ample testimony about the efficacy of the programmes conducted. Their zest to take up more responsibilities one by one is a clear signal of their involvement and good feedback often inspires to do more in the specified area.