

I Palliative Care follow up

Objectives

- 1 To continue the project helpful to the patients and deserved
- 2 To ensure the continuity of the care and share programme
- 3 To keep the assurance given to the terminally ill patients
- 4 To add more beneficiaries under this fold of humanitarian gesture.
- 5 To sustain the spirit and enthusiasm among the student volunteers
- 6 To ensure credibility and sustainability of the project among the beneficiaries

Context

Palliative and care and share programme is an ongoing project which needs support from all ends. Though it started a year back, identified patients need continuous supporting mechanism to relieve their suffering. Students realized the predominance of this programme and it gained momentum in all sections of the society. This types assistance go beyond cultural and religious barriers and those who involve in this project develop sense of broader vision of extending genuine support to the needy. In contrast to the previous year, monitoring and execution committee decided to find some more terminally ill patients and they too enlisted in the beneficiary group. Besides, the volunteers took a survey of the patients to make out their financial status and categorized them in to three. The monitoring and execution committee supposed to ensure food for them as they find it difficult for three square meals a day in addition to medical assistance.

The Practice

As this is a continuous process the committee assigned exclusively for this mission devised strategic plan at all levels of execution. For this the committee ensured the support of college management, alumni and regular but small contribution from students. Students themselves initiated to collect within themselves and spread the adage 'skip a meal and feed your friend'. In addition, student monitoring committee decided to put up collection boxes at prime locations in the college. These efforts together alleviated the strain of mobilizing the resources for this venture. Indeed service of our ambulance in the name Cadet Anas was a boon for the effective execution of the whole system. At times we had to render the service of qualified and experienced staff nurses considering the typical cases which needs expertise in handling medical emergencies. A doctor consultant was designated to meet the emergency situation and to get proper advice, clarification and direction. The local self government

extended all support in the preliminary survey and further execution. They appreciated the college for this distinctive nature of work quite beneficial to the suffering humanity.

Evidence of success

The way our palliative team received at their residences itself is an ample testimony of this dignified endeavor. Similarly the spirit and fervor showed by student volunteers during their visit to houses of patients was a clear indication of their excitement towards this act of kindness. The oral feedback from patients and their relatives, positive gesture of neighbors and nearby are the motivational factors to carry on the project in subsequent years.

WOMEN EMPOWERMENT PROGRAMME

OBJECTIVES

- 1) To make aware about rights of women in working environment**
- 2) To familiarize and understand rights and duties of women in family and society**
- 3) To enhance a sense of confidence in expression of views and act accordingly**
- 4) To equip and empower girl students the use of new media, basic internet skills its pros and consequence**
- 5) To enhance leadership skills and power of convincing by actively involving organizing various programmes.**
- 6) To enhance communication skill by involving group discussion and debate**

In 18-19 women cell activities mainly concentrated on conducting activities and awareness programme on women rights and online services in common life.

Context

A strong patriarchal society with deep- rooted socio-cultural values continues to affect the progress of women's empowerment in the country. The need of the hour is an egalitarian society, where there should be no place for gender superiority and difference. Most of the girl students have come from traditional

patriarchic family background where they enjoy little freedom of expression and choice. We used to observe these inadequacies in them and devise programme and activities specifically intended to enhance their inner potential already in them. Identification of abilities and fostering them are the focus of Women Cell by engaging them in selected activities intended to develop their personality and life skills. As rampant incidence of sexual harassment and abuse on the rise it is imperative to make them aware of atrocities against women, how to prevent and resist using their strength and inner power. The women cell plans the activities in such way to ensure the involvement of girl students and formulate programs to enhance their inner talents and skills. More than twenty programmes have been conducted in this academic year of variety in nature with a view to enhance the potential abilities in them. As we have vibrant array of teachers for capacity building their services have been utilized for this specific purpose.

Evidence of Success.

Students at the time of joining are a bit shy and show lack of initiative in and outside the classroom. Women cell with the help of teachers or tutors concerned identify those students and they would be enrolled in the women cell or active clubs in the college. These clubs and the cell deliberately entrust specific tasks which would be of grooming them to come out of the shell and shed shyness in approach and attitude. This sea change is visible in their face once they undertake and accomplish specific tasks assigned to them. Once they complete a year or two undergoing these process along with the academics, they gain a sense of confidence in their presentation and communication skills.